**CSK 2213 RELATIONAL COMMUNICATION**

This course explores communication patterns in the development and deterioration of interpersonal relationships. Functional and dysfunctional communication behaviours in family relationships and others relationships are explicitly explored. Theories on interpersonal relationships are explored to help students gain an understanding the role of relationships in human communication.

**Course Content:**

Introduction

Communication in relationships
The importance of communication in relationships
Barriers to effective communication in relationships
Overcoming barriers communication in relationships
Understanding yourself to others
Understanding relationships
The dynamics of relationships
Relating with friends and family
Developing positive relationships

Types of relationships
Strategies for avoiding negative relationships
How to end a negative relationship
Handling peer pressure
Making and keeping family relationships strong
Balancing family and work
Roles of family and work
Roles of family members, family
Structures and communication
Principles of social relationships

**Learning Outcomes:**

By the end of the course students should be able to:

1. Understand the underlying principles that affect relations
2. Define the relations broadly
3. Set environments for effective relations

**Course assessment:**

Extended coursework essay}

Group presentation} = 30%

Test}

Final Comprehensive Examination = 70%

(End of Semester)

**Instruction methods:**

Lectures

Case Studies

Group Discussion and Class Presentations

Activity Research Work

**References**

Parnell. F. B. (2004), Skills for Personal and Family Livings. Illinois. The Good heart willcox company

Masinde J.B (2009), Retaining the Honey after the Honeymoon. Nairobi. Flame Keepers Publishing Company.