**FOM 1312 INTRODUCTION TO COMMUNITY HEALTH II 4 weeks**

Course description:

This course introduces students to the concepts of Primary Health Care, the health care system and organization of the community. Activities will include over view lectures, tutorials and activities at Primary Health Care facilities and in the community.

The aim of the course is to sensitize students to the health care needs of the community and to acclimatize them to living in the communities within which they will work.

Course Objectives:

1. To discuss the elements and principles of PHC

2. To describe the national health policy, organization and structure of the health care delivery systems

3. To explain the concept of community organization and resources

4. To discuss factors that affect nutrition in individuals and communities

5. To demonstrate the ability to solicit information from the community

6. To demonstrate the essential components of community protocol.

7. To discuss gender-related health issues in communities

Content Outline:

A- Primary Health Care

• History, Principles, elements, Minimum Health Package – including the oral health package, priority health problems in Uganda, determinants of health, essential drugs concept

• Health Education and Health promotion

• National health policy and Health sector strategic plan

• Health care delivery systems

• Planning and budgeting procurements

• Resources management – including human resources

• Description of structured organization and resources of a community – concept, structure, dynamics, organizing community for action for health

• Health systems management – concepts of organizations and systems, understanding leadership and management

• Decentralization of the health sector

• Structure of health care delivery systems

• Understanding leadership hierarchy

• Cultural and tradition norms

• Appropriate language (Respect and tract)

B- Nutrition and Health

• Nutrition

• Nutrition security

• Food security

• Factors influencing nutritional status – diet (micro & macro nutrients), Infections/infestations, social, cultural, economic care

C- Gender and Health

• Gender and Health

• Gender related violence

• Sexual abuse

• Cultural related reproductive health issues

Requirements:

4 weeks, 60 Contact hours