**MUS 3113 Community Music Sessions**

*D****escription****:*

This course will equip students with skills that would enable them to create music tailored to the needs of communities including peace building, human rights campaigns, health promotion, youth work and other community cultural development activities. Through listening to varieties of musics used for relaxation and stress management, students will analyze the characteristics ofsuch music so as to develop skills in creating and performing music for relaxation and stress management. Compositional and performance skills including improvisation borrowed from music therapy will be core in this course.

***Objectives:***

1. To equip students with skills of creating and performing music that is specific to a particular community’s need
2. To equips students with skills to conduct a community music session
3. To strengthen the student’s improvisation, verbal, and observation skills
4. To equip students with skills to conduct workshops

*Course Outline*

Topic I: Introduction: Warm-up Creating community

* Ugandan Ethnic music and Crowd Gathering
* Creating Calling Music

Topic 2: Devising within Community

* Interview Techniques
* Conducting Workshop Skills
* Brainstorming

Topic 3: Community Theatre Theories

* Playback Theatre
* Forum Theatre in Music

Topic 4: Planning for a Session and Feedback from a Session

Topic 5: Role of a Musician in Stimulating Community Dialogue

Topic 6: Perception, Cognition and Improvisation

Topic 7: Meaning in Relationship: The Music Between

Topic 8: Songs without Words: Music in Communication

Topic 9: Principles and Techniques of Improvisation

* Accepting and Blocking Offers
* Freeing the Imagination
* Story Making: Co-creating New Realities
* Status: Improvisation and Power
* Expanding Emotional Expressiveness

Topic 10: Free Improvisation Theory: The Alvin Model

Topic Group Improvisation Leadership

* Use of Percussion Instruments
* Meaningful Contact With the Other Players
* Flexible Playing in a Responsive and Adaptable Manner

Topic 11: Preparatory Skills for Music Improvisation

* Terms and Nomenclature Germane
* Manipulation of Tools
* Settings Used for Improvisation: Musical Instruments and Musical Elements
* Determination of Suitable Structures for improvisation

Topic 12: Facilitative Skills

* Nonmusical and Musical Techniques to Engage Clients
* Listening, Comprehending, and Describing What Is Heard

Topic 13: Verbal Processing Skills

* Sorting out and Discussing Improvisation
* Recognition and Call Attention to Significant Aspects of the Experience With Clients
* Communication with Co-facilitators

Topic 14: Music and Community Building: Xylophone and Drums Music as a Case Studies

Topic 15: Building Community: Independence and Interdependence of Music and Dance in Cultures of Africa

*Learning Outcomes*

1. Ability to create and perform music that is specific to a thematic community’s need.
2. Equipped with skills to conduct a community music session
3. Enhanced improvisation and observation skills
4. Ability to conduct workshops
5. Enhanced listening and observation skills

*Methods of Teaching/Delivery*

Lectures, demonstrations, hands-on, lab, tutorials, Individual readings, field trips

*Modes of Assessment*

Course Work:

* Attendance and participation in class discussion: 5%
* Field report: 10%
* Mid-Semester test: 15%
* Workshops: 10%

Final Examination

* Written: 60%

*Selected Readings*

Beaulieu, John. 1995. *Music and Sound in the Healing Arts.* New York: Station Hill Press.

# Berardi, Gigi. 2005. *Finding Balance: Fitness, Training, and Health for a Lifetime in Dance.* New York: Routledge.

# Books, Lorenz. 1995. *The Healing Energies of Music.*Second Edition. Wheaton, Ill: Theosophical Publishing House.

# Campbell, Don. 2000. *The Mozart Effect for Children: Awakening Your Child's Mind, Health, and Creativity with Music.* New York: William Morrow.

# Klickstein, Gerald. 2009. *The Musician's Way: A Guide to Practice, Performance, and Wellness.* Oxford: Oxford Press.