**PSY 1101 Introduction to Psychology**

**Aims of the course:**

The course aims at providing a foundation in the understanding of human behavior and basic theories in Psychology that explain human behavior. It exposes students to a variety of topics introducing them to various concepts and principles of psychology.

**Course content**: Topics to be covered include, the science of psychology, learning and the theories of learning, human memory, the stages of memory and theories of forgetting; Perception and perceptual organization; personality including the theories of personality; motivation and theories of motivation; emotion and components of emotion, theories of emotion; abnormal psychology including major categories of mental disorders and the treatment of abnormal behavior.

**Reading List**

Introduction to Psychologys (Paperback, 2007) Author: [James W. Kalat](http://people.half.ebay.com/James-W-Kalat_W0QQmZbooksQQcidZ1023774723) ISBN-10:

[0495102881](http://product.half.ebay.com/Introduction-to-Psychology_W0QQtgZinfoQQprZ57172362)

ISBN-13: [9780495102885](http://product.half.ebay.com/Introduction-to-Psychology_W0QQtgZinfoQQprZ57172362) Apr 2007 Publisher: Wadsworth Pub Co

Hilgard's Introduction to Psychology (1996) : [Daryl J. Bem](http://people.half.ebay.com/Daryl-J-Bem_W0QQmZbooksQQcidZ1076600682), [Edward E. Smith](http://people.half.ebay.com/Edward-E-Smith_W0QQmZbooksQQcidZ1023625228), [Ernest Hilgard](http://people.half.ebay.com/Ernest-Hilgard_W0QQmZbooksQQcidZ1023903967), [Richard C. Atkinson](http://people.half.ebay.com/Richard-C-Atkinson_W0QQmZbooksQQcidZ1023786093), [Rita L. Atkinson](http://people.half.ebay.com/Rita-L-Atkinson_W0QQmZbooksQQcidZ1023593810), [Susan Nolen-Koeksema](http://people.half.ebay.com/Susan-Nolen-Koeksema_W0QQmZbooksQQcidZ1165763450) ISBN-10: [0155015540](http://product.half.ebay.com/Hilgards-Introduction-to-Psychology_W0QQtgZinfoQQprZ40033)  
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