**PSY 1202 COGNITIVE PSYCHOLOGY**

**Duration of the Course:** The course is 3 Credit Units providing 45 Contact Hours.

**Course Description:** Cognitive Psychology is the study of the structures and processes of the human mind. This is composed of a systematic overview of the different forms of learning, roles of attention and retention in learning, the concept of memory, information processing, thinking and language, types of memory; improving memory, general knowledge and retrieval processes, problem solving, reasoning and judgment, theoretical approaches to motivation, components of motivation, theories of emotions, stress and coping.; perception, motivation and emotion.

**Course Objectives:** By the end of the course students should be able to:

1. Describe the concepts and principles of Cognitive Psychology.
2. Explain the theories of cognitive psychology.
3. Describe the techniques of cognitive psychology.

##### Course Content:

Meaning of Cognitive Psychology; Human Learning; Superstitious Behavior; Memory; Thinking and Language; Reasoning and Judgment; Motivation; Perception; and Emotions.

**Teaching /Delivery methods**

Lectures, Class presentations, Independent study

**Assessment methods**

Coursework /assignment, Tests, Presentation skills /class discussions, Attendance and Examination . CW =30%

Exam = 70%

**Learning Resources**

**Key references**

1. Bourn L.F., Dominowski, R.L., Loftus E.F. & Healy A.F. (1986). Cognitive Processes (2nd Edition) Mc Graw-Hill International.
2. Morgan C.T., King, R.A., Weisz, J.R. & Schopler, J. (1986) Introduction to Psychology (7th Edition) Mc Graw-Hill International Editions.
3. Kalat, J.W. (1999) Introduction to Psychology (5th Edition).
4. Atkinson R.L., Atkinson, R.C., Smith E.E., Bem, D.J. & Nolen-Hoeksema S. (1996). Introduction to Psychology.

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