**PSY 3109 Foundations of Community Psychology**

**Aim of the Course**

The course aims at equipping students with knowledge and skills necessary for not only dealing with the individual psychological problems but also reaching out beyond the individualistic approach to offer community based mental health services. The students will understand how mental health problems are generated within the community, how to deal with them, how to anticipate problems and prevent them, how to work with other mental health professionals and so on.

**Course content;**

Definition of community psychology; Theories of Community Psychology; Psychological Problems in the Community; Social Resources and Mental Health; Consultation; Prevention of Mental Disorders; Working with Organizations; Self Help and Nonprofessional Help; Empowering the Community.

**Reading List**

Bruner, C., Bell, K., Brindis, C., Chang, H., & Scarbrough, W. (1993). Charting a

course: Assessing a community's strengths and needs. New York: Columbia University,

National Center for Service Integration.

Chaskin, R., & Richman, H. (1992). Concerns about school-linked services: Institution-

based versus community-based models. In The future of children: School-linked services

(pp. 107-117). Los Altos, CA: Center for the Future of Children.

Chynoweth, J. (1994). A guide to community-based, collaborative strategic planning.

Washington, DC: Council of Governors' Policy Advisors.

Cohen, E., & Ooms, T. (1993). Training and technical assistance to support family-

centered, integrated services reform. Background briefing report conducted by the

Family Impact Seminar. Washington, DC: American Association for Marriage and

Family Therapy Research and Education Foundation.

Connell, J., Kubisch, A., Schorr, L., & Weiss, C. (Eds.) (1995). New approaches

to

evaluating community initiatives. Washington, DC: The Aspen Institute.

Improved Outcomes Project. (1994a). A framework for improving outcomes for

children

and families. Washington, DC: Center for the Study of Social Policy.

Melaville, A., Blank, M., & Asayesh, G. (1993). Together we can: A guide for

crafting a profamily system of education and human services. Washington, DC:

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Department of Education and U.S. Department of Health and Human Services.

Melaville, A., with Blank, M. (1991). What it takes: Structuring interagency

partnerships to connect children and families with comprehensive services.

Washington, DC:

Education and Human Services Consortium.