**PSY 3207 Introduction to clinical psychology**

**Course aim:**

The course introduces students to the discipline and practice of clinical psychology. It helps students learn about the various clinical approaches in the treatment of psychological disorders

**Course Content:**

The topics to be covered include; the profession of a clinical psychologist; the concept of normality; models of mental health intervention; the nature and purpose of clinical assessment; the interview in clinical practice; psychological testing in clinical psychology; future trends in the practice of clinical psychology; ethical issues in clinical psychology.

**Reading list**

Garfield L. Sol, (1974), *Clinical Psychology: The Study of Personality and*

*Behaviour*, Edward Arnold Publishers, London.

Guy D. James(1987), *The Personal Lifer of the psychotherapist*, Wiley Inter-

science, New York.

Hall J. and Llewelyn S. (2006) *What is Clinical Psychology*? 4th Edition, Oxford

Medical Publications, New York.

Kaplan M. Robert and Saccuzzo P. Dennis, (1993), *Psychological Testing*, 3rd

Brook/Cole, California

Korchin J. Sheldon, (1976), *Modern Clinical Psychology*, Basic Books Inc.,

Publishers, New York.

Marzillier S. J and Hall J. (1987), *What is Clinical Psychology*? Oxford Medical

Publications, New York.

Peltzer Karl and Ebigbo O. Peter (1989) *Clinical Psychology in African*, Chuka

Priniting Company, Uwami-Enugu.

Walker C. Eugene, (1981), *Clinical Practice of Psychology: A guide for mental*

*Health Professionals*, Pergamon Press, New York